



Doctor Notes Requirements

**** A return to school/school excuse note does not clear athletes for athletic participation****

Doctors' notes are required for any athlete after any doctor's appointment. Doctor notes after appointment are needed to modify or resume athletic participation

- Dr. notes must be on official clinic letterhead with the following: patient name, date of visit, diagnosis, restrictions or recommendations, and the treating healthcare provider's signature
- Athletes will be held out of all athletic activity until the Athletic Training staff receive a doctor's note with further instructions or a return to athletics clearance note

If you have any questions or concerns contact the MacArthur HS Athletic Training Staff!

MacArthur High School Athletic Trainers: 281-985-6330 #35068

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